

# Mental Health and Substance Abuse Resources for Students

## ON-CAMPUS:

### Center for Health & Wellness

Phone: 740-376-**4477** / Email: [healthandwellness@marietta.edu](mailto:healthandwellness@marietta.edu)

Office Hours: Monday–Friday, 8:00 a.m. to 5:00 p.m.

Location: Harrison Hall, entrance on Seventh Street by the 2 large pillars

*After hours:*

### MCPD (Marietta College Police Department): 740-376-**3333**

### The CARE Team (Collaboration, Assessment, Response, Engagement)

A multidisciplinary group helping at-risk students obtain the needed support and assistance to be successful at Marietta College. For more info, contact Suzanne Walker or Amanda Mullen through Navigate.

### Marietta Mindset Club

Student led club promoting positive mental health activities and education for students.

### Pio-to-Pio Peer Support Center

Hours: Staffed – Monday–Thursday, 6:00 to 9:00 p.m.

Unstaffed – Monday–Friday, 8:00 a.m. to 6:00 p.m.

Location: Andrews Hall, 2nd floor

## EMERGENCY NUMBERS AND HOTLINES:

**Life Threatening Emergency: call 911**

**Suicide and Crisis Lifeline: call 988**

Confidential, free 24/7 support for people in suicidal crisis or emotional distress.

**Local Crisis Hotline: call 740-373-8240**

**Suicide Prevention: call 1-800-273-TALK (8255)**

**OHIO Crisis TEXT Line: text 4HOPE to 741741**

**SAMHSA's National Helpline: call 1-800-662-HELP (4357)**

Confidential, free 24/7 treatment referral and information service for individuals and families facing mental and/or substance use disorders.

**24 Hr. Opioid Hotline: text Opioid to 898211** to connect with local resources

**Trevor Project Lifeline/LGBTQ Hotline: call 1-866-488-7386 / visit [thetrevorproject.org](http://thetrevorproject.org)**

**Trans Hotline: call 1-877-565-8860**

**SAFEline: call 1-512-267-SAFE (7233) / text 737-888-7233**

Confidential, free 24/7 support for victims of domestic violence, sexual assault, sex trafficking & child abuse.

**National Domestic Violence Hotline: call 1-800-799-7233**

**National Sexual Assault Hotline: call 1-800-656-4673**

**The Emily Program: call 1-866-364-5977 / visit [emilyprogram.com](http://emilyprogram.com)**

Treatment center and online resource for eating disorders

**The Steve Fund for BIPOC students: text STEVE to 741741 / visit [stevefund.org/crisistextline/](http://stevefund.org/crisistextline/)**

**Depression Hotline: call 1-888-273-5174**

**Self-harm Hotline: call 1-877-455-0628**

**Get Local Help: call 211 / text your zip code to 898-211**

Confidential, free, 24/7 information service connecting you to local resources and assistance.

**Memorial Health Systems 24 Hour Nurse Line: call 844-474-6522**

## ONLINE RESOURCES:

<https://www.marietta.edu/counseling-services#resources>

Scan here for more information on counseling services and resources at Marietta College

