

# MARIETTA COLLEGE FOOTBALL CAMP 2007

## Tentative Daily Schedule

### Sunday, July 8

12:00-1:00	Check-in
1:00-1:30	Stretch (warm-up)
1:30-3:00	Practice (offense/defense)
3:00-4:00	Team/7 on 7
4:00-5:00	Weight Training/Conditioning

### Monday-Tuesday, July 9-10

9:00-9:30	Stretch (warm-up)
9:30-10:30	Practice (offense/defense)
10:30-11:30	Team/7 on 7
11:30-12:30	Lunch
12:30-1:30	Practice (offense/defense)
1:30-2:30	Team/7 on 7
2:30-3:30	Weight Training/Conditioning
3:30-4:30	Film Study

## Cost

Regular Price: \$90.00 per camper  
Team Discount: Bring 7 or more players  
to receive a reduced rate for your team  
= \$60.00 per camper.

## What to Expect

### Purpose

The purpose of the camp is to provide middle and high school athletes an opportunity to perfect the necessary skills in becoming the ultimate player. This is not a recreational or conditioning camp. It is a three-day, non-contact, intensive application of position specific fundamentals

### Facilities

The camp will be held at Don Drumm stadium. It is located across the street from Marietta College in downtown Marietta, OH. Campers will practice on the field turf as well as utilize our weight training facilities.

### Speed Development

Each camper will be exposed to strength and conditioning workouts that have proven extremely successful to the Pioneer football program. The program requires very little specialized equipment; therefore, it would fit the budget needs of all program levels. Every camper will receive individual instruction in proper Olympic and Power lifting technique.

### Film Study

The meeting areas will be conveniently located across the street from the stadium so that each camper will be able to receive visual examples of the techniques being taught.

### Staff

The Marietta College football staff combines years of experience at Division 1, 2 and 3 levels as well as high school. The staff is one of the youngest college coaching staffs in the country.

## Registration Form

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Parent(s) / Guardians: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Grade (Sept. 2007) \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

T-shirt Size: S M L XL XXL

Please send check and registration by Friday, June 22nd to Sean Smith, Marietta College Football, 215 Fifth Street, Marietta, OH 45750. For additional information please contact: Sean Smith 740-376-4676, sean.smith@marietta.edu or Brian Haines 740-376-4890, hainesb@marietta.edu. Please make checks payable to Sean Smith.



"Take Care of the Little Things and the Big Things Take Care of Themselves."



Marietta Pioneer Summer Football Camp 2007 THE CAMP OF CHAMPS

# MARIETTA COLLEGE FOOTBALL CAMP 2007

## Please Read Carefully and Retain for Your Information

### Site

The location of the Marietta College Pioneer football camp is on the beautiful campus of Marietta College. We are located in Southeastern Ohio, along the Ohio and Muskingum River on the border of West Virginia.

### Application Procedures

All campers must submit the registration portion of this brochure. Applications will be processed on a first-come, first-serve basis until all sessions are filled. Before sending in this application make sure that your name and a guardian's signature is on the registration form.

### Eligibility

Those entering the 5th through the 12 grade in the fall are eligible to attend the camp.

This is a non-contact camp. NO HELMETS or PADS are needed. Campers must bring their own football shoes and shorts. Lunch will be the only meal provided throughout the camp.

### Refund Procedures

If an accepted application is withdrawn for any reason up until 8 days prior to the start of the camp session a refund less a \$25 cancellation fee. NO refund will be issued within 1 week of the camp session's start date.

# MARIETTA<sup>TM</sup> FOOTBALL

## Registration Form (cont.)

Health and Accident Insurance Carrier: \_\_\_\_\_  
Policy Number: \_\_\_\_\_  
Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Dentist's Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Emergency Contact's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I hereby and herein authorize the Director of the Marietta College Football Camp, or any agents working on their behalf, to act in my stead for the purpose of acquiring emergency medical attention for my daughter or ward. I impose upon the assumptors of this duty the responsibility to act with reasonable care and caution and release and waive all liability for any injuries and illness incurred while at the camp in the event the same is performed pursuant to such standard. By my signature hereunder, I warrant that my daughter or ward is in good physical condition, has no undisclosed medical problems, illnesses or disabilities, and is capable of full and active participation in the volleyball camp. I also represent that my daughter or ward has received a physical within the last year and is medically competent to participate in the activities at the camp.

Signature of Parent or Guardian: \_\_\_\_\_