

**\*UPDATED\***

# Indoor High School Meet #3

Hosted by MARIETTA COLLEGE

**SATURDAY, FEBRUARY 21, 2009 - EVENT SCHEDULE**

10:00 AM	FIELDHOUSE OPENS	*Times in ( ) are approximate. We will run ahead of schedule whenever possible.
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## **FIELD EVENT SCHEDULE:**

12:00 NOON      WEIGHT THROW (GIRLS THEN BOYS) *4 throws*  
(2:30)            FOLLOWED BY SHOT PUT (GIRLS AND BOYS AT SAME TIME) *4 throws*  
(4:00)            FOLLOWED BY HIGH JUMP (GIRLS AND BOYS AT THE SAME TIME)

12:00 NOON      LONG JUMP (BOYS THEN GIRLS) *4 jumps* – Boys Open Pit 12:00-1:00pm, Girls Open Pit 1:30-2:30pm  
(3:00)            FOLLOWED BY TRIPLE JUMP (BOTH BOYS AND GIRLS AT THE SAME TIME) *4 jumps* – Boys and Girls Open Pit 3:00-4:00pm

12:00 NOON      POLE VAULT (GIRLS THEN BOYS)

## **RUNNING EVENT SCHEDULE:**

12:15PM            DISTANCE MEDLEY RELAY                    (GIRLS THEN BOYS) \*1200-400-800-1600 - \*\*will combine if possible

1:00 PM	NATIONAL ANTHEM
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1:10PM            4 x 200m RELAY                            (GIRLS THEN BOYS)

(1:25)            55m HURDLES (prelims)                    (GIRLS THEN BOYS) *top 14 to final*

(1:45)            55m DASH (prelims)                        (GIRLS THEN BOYS) *top 16 to final*

(2:05)            4 x 800m RELAY                            (GIRLS THEN BOYS) *\*will combine if possible*

(2:35)            55m HURDLES (finals)                      **(BOYS THEN GIRLS)**

(2:45)            55m DASH (finals)                        (GIRLS THEN BOYS)

(2:55)            1600m RUN                                (GIRLS THEN BOYS)

(3:20)            400m DASH                                (GIRLS THEN BOYS)

(3:45)            800m RUN                                 (GIRLS THEN BOYS)

(4:10)            200m DASH                                (GIRLS THEN BOYS)

(4:40)            3200m RUN                                (GIRLS THEN BOYS) *\*will combine if possible*

(5:10)            4 x 400m RELAY                            (GIRLS THEN BOYS)

(5:30)            APPROXIMATE MEET CONCLUSION