

Wellness Education & Special Education Dual Preparation

(This major is exempt from the secondary concentration requirement.)

Degree Audit

(85 Credit Hours)

2025-2026

Course	Hrs	Hrs cmlp/grade	Hrs needed
Foundations (18 hours)			
EDUC 120 Initial Practice Seminar	1		
EDUC 121 Initial Practice Clinical	0		
EDUC 130 Technology in the Classroom	3		
EDUC 202 Educational Psychology	3		
EDUC 253 Diverse Learners	3		
EDUC 255 Early Childhood Transition Seminar	1		
EDUC 256 Secondary Transition Planning	1		
EDUC 312 Trauma Informed Schools	3		
PSYC 101 Introduction to Psychology	3		
Reading Core (12 hours)			
EDUC 221 Foundations of Reading	3		
EDUC 322 Principles of Phonics Instruction*	3		
EDUC 361 Diagnosis & Correction of Reading Difficulties	3		
EDUC 362 Developmental Literacy for Diverse Students*	3		
Wellness Education Core (20 hours)			
EDUC 230 Integrated Arts	3		
EDUC 260 Foundations of Wellness Education	1		
EDUC 280 Standards for Wellness Education	3		
SPTM 215 Introduction to Kinesiology	3		
SPTM 285 Applied Nutrition	3		
PHED 125 Introduction to Physical Fitness	1		
PHED 133 Concepts of Wellness	3		
PSYC 206 Child Development	OR 3		
PYSC 306 Life Span Development			
Professional Pedagogy (35 hours including capstone)			
EDUC 323 General Methods	OR 3		
EDUC 325 Instructional Design			
EDUC 342 Special Education Methods	3		
EDUC 344 Classroom Management and Behavior Supports*	3		
EDUC 350 Assessment*	3		
EDUC 381 Wellness Education Methods (PreK-5 th)	3		
EDUC 382 Wellness Education Methods (6-12 th)	3		
EDUC 406 Professional Practices Seminar*	1		
EDUC 447 Inclusion Seminar	1		
EDUC 452 Culture and Language in the Classroom*	3		
EDUC 499 Wellness Ed. /Special Education Internship**	9		
Capstone (3 hours)			
EDUC 440 Education Capstone Seminar**	3		

*Admission to Professional Licensure Program required.

**Admission to Internship required.

Each major must include at least 18 hours of 300-400 level credit that are not applied toward any additional majors.